

## **CERTIFICATE**

OF PARTICIPATION

This is to certify that

## Francois Koch

Has successfully participated & completed the

13km Shift Wellness - Summer Trail Run

held at Walter Sisulu Garden.

**TIME** 01:34:24

**PACE** 07:15/km

**OVERALL** 33 of 108

**GENDER** 26 of 69

**OPEN** 14 of 27

27 January 2019, Sun

Date



BoutTime